

BREAKFAST

This institution is an equal opportunity provider

Prices:
Scholar Breakfast: \$2.50
Adult Breakfast: \$4.50

APRIL 2024

Pinnacles Prep

Ala Carte Items:
2 oz Cereal \$1.00
Milk \$0.60
Second Meal (scholar) \$2.50



Monday	Tuesday	Wednesday	Thursday	Friday
--------	---------	-----------	----------	--------

No School 1	No School 2	No School 3	No School 4	No School 5
-------------	-------------	-------------	-------------	-------------

SPRING BREAK!

Offered Daily: 8 Choice from assorted cereals Choice of fruit 100% juice 1% white or non-fat chocolate milk Entrée: Banana Split Yogurt Parfait	Offered Daily: 9 Choice from assorted cereals Choice of fruit 100% juice 1% white or non-fat chocolate milk Entrée: Pancakes	Offered Daily: 10 Choice from assorted cereals Choice of fruit 100% juice 1% white or non-fat chocolate milk Entrée: Breakfast Sandwich	Offered Daily: 11 Choice from assorted cereals Choice of fruit 100% juice 1% white or non-fat chocolate milk Entrée: French Toast	Offered Daily: 12 Choice from assorted cereals Choice of fruit 1% white or non-fat chocolate milk 100% juice Entrée: Tornado
--	---	--	--	---

Offered Daily: 15 Choice from assorted cereals Choice of fruit 100% juice 1% white or non-fat chocolate milk Entrée: Smoothie Bowl w/ Toast	Offered Daily: 16 Choice from assorted cereals Choice of fruit 100% juice 1% white or non-fat chocolate milk Entrée: French Toast	Offered Daily: 17 Choice from assorted cereals Choice of fruit 100% juice 1% white or non-fat chocolate milk Entrée: Breakfast Quesadilla	Offered Daily: 18 Choice from assorted cereals Choice of fruit 100% juice 1% white or non-fat chocolate milk Entrée: Fruity Overnight Oats	Offered Daily: 19 Choice from assorted cereals Choice of fruit 100% juice 1% white or non-fat chocolate milk Entrée: Pancake on a Stick
--	--	--	---	--

Offered Daily: 22 Choice from assorted cereals Choice of fruit 100% juice 1% white or non-fat chocolate milk Entrée: Fruit Smoothie w/ Toast	Offered Daily: 23 Choice from assorted cereals Choice of fruit 100% juice 1% white or non-fat chocolate milk Entrée: Bagel w/ Cream Cheese	Offered Daily: 24 Choice from assorted cereals Choice of fruit 100% juice 1% white or non-fat chocolate milk Entrée: Pumpkin Pancakes	Offered Daily: 25 Choice from assorted cereals Choice of fruit 100% juice 1% white or non-fat chocolate milk Entrée: Fruit & Granola Parfait	Offered Daily: 26 Choice from assorted cereals Choice of fruit 100% juice 1% white or non-fat chocolate milk Entrée: Tornado
---	---	--	---	---

Offered Daily: 29 Choice from assorted cereals Choice of fruit 100% juice 1% white or non-fat chocolate milk Entrée: Spiced Apple Parfait	Offered Daily: 30 Choice from assorted cereals Choice of fruit 100% juice 1% white or non-fat chocolate milk Entrée: French Toast
--	--

MAKE YOUR OWN MEAL

FRUIT OR VEGETABLE

CEREAL OR GRANOLA

MILK

CUP

CHOOSE AT LEAST 3

- ONE MUST BE A FRUIT OR VEGETABLE
- AT LEAST TWO OTHER ITEMS

CHOOSE ALL 4 FOR BEST NUTRITION

Healthy + Pro



All meals come with choice of one main entrée, choice of 1% white or non-fat chocolate milk, and choice of a variety of fruits and vegetables offered daily. Each meal must include 3 items, one of which must be a minimum of 1/2 C fruit and/or vegetable.